



The City of Charleston  
Parks and Recreation Department  
and  
The Tallman Track Club  
Present the



## 2007-2008 Winter Series



Three-series race schedule with walks and runs beginning and ending at the Kanawha City Community Center at Venable Avenue Southeast and 36th Street behind Wendys.

Race cost: \$10 per event or \$25 for all three in advance.

Race dates: **Walks begin at 1 p.m. Sundays.**  
**Runs start at 2 p.m. Sundays.**

<b>Dec. 16</b>	<b>5,000 meter run; 3,000 meter walk</b>
<b>Jan. 13</b>	<b>8,000 meter run; 4,000 meter walk</b>
<b>Feb. 3</b>	<b>10,000 meter run; 5,000 meter walk</b>

Race day registration opens 12:30 p.m.  
at Kanawha City Community Center.

**Run Awards:** Male and female **overall** and male and female **age group** awards for fastest cumulative time in all three runs.

**Age groups:** 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over.

**Walk Awards:** Top three overall for fastest cumulative time for all three walks.

Hooded sweat shirts given to runners who **FINISH** all three runs or walks.

Applications and details available **Nov. 1** at:

<http://www.cityofcharleston.org/recreation>  
[http://tallmantrackclub/race\\_calendar.htm](http://tallmantrackclub/race_calendar.htm)

E-mail questions to W.K. Munsey at [tallmantrackclub@yahoo.com](mailto:tallmantrackclub@yahoo.com)